



Course Title: Life Span Development

Course Code: PSYC602

Credit Units: 03

Course Level: M. Phil

L	T	P/S	SW/FW	TOTAL CREDIT UNITS
2	1	-	-	03

Course Objectives:

The course aims at:

- Enabling the student to understand the development of child through various stages.
- Reviewing recent theories of the human development
- Training the students to analyse and apply various theories and concepts of Life Span development.

Pre-requisites: NIL

Course Contents/Syllabus:

	Weightage (%)
Module I: Introduction to Life Span Development	
Descriptors/Topics Studying developmental changes Basic issues of development Genetics of life-span development Traditional theoretical models: <ul style="list-style-type: none">• Psychodynamic Theories; Freud, Erickson• Object Relations Theory; Winnicott, Klein• Attachment Theory; Bowlby Modern theories: <ul style="list-style-type: none">• Social learning theory; Bandura• Socio Cultural theory (Lev Vygotsky)	20

<ul style="list-style-type: none"> • Ecological theory (Urie Bronfen Brenner) 	
Module II Prenatal Period: A Crucial Developmental Stage	20
Descriptors/Topics Prenatal and early environmental influences Development through the prenatal period Prematurity Risks Associated with Prematurity	
Module III Cognitive changes throughout the lifespan	20
Descriptors/Topics Perceptual abilities across the life span Comparison and evaluation of Piaget and Vygotsky Memory and Information Processing Achievement and education	
Module IV Socio-emotional Development	20
Descriptors/Topics Personality and Self Gender roles Sexuality across the lifespan Social Cognition: Theory of mind and moral development Social development-Attachments and friendships Families: Parenting styles, marital phases, divorce, Family Violence	
Module V Adulthood and Ageing	20
Descriptors/Topics Developmental Tasks of young adulthood and adjustment Stresses in middle adulthood Psychopathology of Adulthood	

Concept of Ageing	
Death and dying	

Student Learning Outcomes:

- Investigate, apply, and analyze the formulation of change that occurs through physical, cognitive and socioemotional factors as people evolve from conception to death.
- Demonstrate an application based understanding of various concepts in Life Span Development.

Pedagogy for Course Delivery:

- Theory classes using lecture & discussion mode
- PowerPoint presentations including videos
Assigning students task of collecting researches/case studies relevant to each topic in current times & then having an interaction based discussion in the class

Assessment/ Examination Scheme:

Theory L/T (%)	Lab/Practical/Studio (%)	Total
100	NA	100

Theory Assessment (L&T):

Continuous Assessment/Internal Assessment					End Term Examination
Components (Drop down)	Class Test	Presentation	Home Assignment	Attendance	
Weightage (%)	10	10	5	5	70

Text:

- Berk, L. (2002), Child Development. Delhi; Tata McGraw-Hill

References:

- Sigelman, C. K. (1999), Life-Span Human Development. 3rd Edition; Brooks/ Cole Publishing Company.
- Papalia, S. & Feldman, C. (2002), Adult Development and Ageing. Delhi ; Tata McGraw
- Hurlock, E. (2003), Child Growth and Development. Delhi; Tata McGraw-Hill
- Hurlock, E. (2003). Developmental Psychology. Delhi: Tata McGraw-Hill
- Santrock J (2010) Child Development; Tata McGraw-Hill