



L	T	P/S	SW/ FW	TOTAL CREDIT UNITS
2		-	-	2

Course Title: Adulthood and Family Issues

Credit Units: 2

Course Code:

Level: UG

Course Objectives:

After studying this course the pupil- teachers will be able to

- Prepare need-based transition program for students with autism.
- Comprehend the issues and challenges of faced by adults with autism.
- Appreciate the needs and role of parents, family and community.

Student Learning Outcome

- Pupil-teachers will be able to explain the transition from adolescence to adulthood for a person with ASD
- Pupil-teachers will be able to prepare about critical thinking and problem solving in the adulthood period.
- Pupil-teachers will be able to describe role of community participation and rehabilitation

Course Contents/Syllabus:

	Weightage (%)
MODULE I : Transition from adolescence to adulthood for a person with ASD	35
Descriptors/Topics 1.1 Individual Transition Plan 1.2 Vocational training and higher education 1.3 Employment: Open, supported, sheltered 1.4 Mental health in transition 1.5 Self-disclosure and Advocacy	
MODULE II : Preparedness for Adulthood	30



Descriptors/Topics 2.1 Critical thinking and problem solving 2.2 Supported decision making 2.3 Housing and living arrangements 2.4 Sexuality and Marriage 2.5 Financial management and Guardianship	
MODULE III : Needs and role of Family and Community	35
Descriptors/Topics 3.1 Parents- needs and responsibilities 3.2 Siblings- challenges and expectations 3.3 Peers and Extended family- role and responsibilities 3.4 Guidance and Counselling 3.5 Community participation and Rehabilitation	

Pedagogy for Course Delivery:

- Lectures
- Presentations
- Project
- Workshops / Seminars

Practicum/ Field Engagement

- Develop an individual transition plan for a student with autism
- Develop a community based rehabilitation program for students with autism

Assessment/ Examination Scheme:

Theory L/T (%)	Lab/Practical/Studio (%)	End Term Examination
20	N.A	80

Theory Assessment (L&T):

Continuous Assessment/Internal Assessment				End Term Examination
Components (Drop down)	Class Test	Project	Attendance	



Weightage (%)	10	5	5	80
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Lab/ Practical/ Studio Assessment:

	Continuous Assessment/Internal Assessment				End Term Examination		
Components (Drop down)							
Weightage (%)							

Text & References

- Bliss, E.V., & Edmonds, G. (2008). A self-determined future with Asperger syndrome: solution focused approaches. London: Jessica Kingsley.
- Boushey, A. (2007). Talking teenagers: information and inspiration for parents of teenagers with autism or Asperger's syndrome. London: Jessica Kingsley.
- Breakey, C. (2006). The autism spectrum and further education: a guide to good practice. London: Jessica Kingsley.
- Bruey, C.T. and Urban, M.B. (2009). The autism transition guide: planning the journey from school to adult life. Bethesda, Maryland: Woodbine House.
- Hagland, C. (2009). Getting to grips with Asperger syndrome: understanding adults on the autism spectrum. London: Jessica Kingsley,.
- Hénault, I. (2006) . Asperger's syndrome and sexuality: from adolescence through adulthood. London: Jessica Kingsley.
- Howlin, P. (2004). Autism and Asperger syndrome: preparing for adulthood. 2nd ed. London: Routledge.
- Koegel, L.K. and LaZebnik, C. (2010). Growing up on the spectrum: a guide to life, love, and learning for teens and young adults with autism and Asperger's. New York: Penguin Group.
- Patrick, N. J. (2008). Social skills for teenagers and adults with Asperger syndrome: a practical guide to day-to-day life. London: Jessica Kingsley.
- Van Der Post, A. et al (2009). Children and teenagers with Aspergers: the journey of parenting from birth to teens. Brentwood: Chipmunka publishing.

Suggested Readings

- Attwood, S. (2008). Making sense of sex: a forthright guide to puberty, sex and relationships for people with Asperger's syndrome. London: Jessica Kingsley.
- Johnson, J. and Van Rensselaer, A. (2008). Families of adults with autism: stories and advice for the next generation. London: Jessica Kingsley.