



**FORMAT FOR COURSE CURRICULUM**

**Course Title: FUNDAMENTALS OF HUMAN GROWTH AND DEVELOPMENT**

**Course Code: SW 102**

**Credit Units: 03**

**Course Level:UG**

<b>L</b>	<b>T</b>	<b>P/ S</b>	<b>SW/F W</b>	<b>TOTAL CREDIT UNITS</b>
2	1	-	-	3

**Course Objectives:**

1. Develop an overall understanding of the principles of growth & development, their relevance and application to behavior at various phases in the life span.

**Pre-requisites: General**

**Course Contents/Syllabus:**

	<b>Weightage (%)</b>
<b>Module I Life span, Heredity &amp; Environment</b>	
<b>Descriptors/Topics</b> Stages of the life span, Life span perspective; Principles of growth & development; Methods of studying behavior; Role of heredity and environment; Social customs, traditions, values in parenting and child rearing practices, deprivation & development, during stages of the life span.	17
<b>Module II Theories of Human Development</b>	17

<p><b>Descriptors/Topics</b>          Freud's psychosexual theory, Erikson's psychosocial theory, learning theories and Piaget's theory of cognitive development, Karl Jung, Maslow</p>	
<p><b>Module III Indian Concept</b></p>	<b>17</b>
<p><b>Descriptors/Topics</b>          Understanding the Indian concept of life span stages.</p>	
<p><b>Module IV Human Development and Health Prenatal to pubertal</b></p>	<b>17</b>
<p><b>Descriptors/Topics</b>          Parental to Pubertal Growth: Stages of the life span from conception to old age; Parental stage and genetic factors; Early Childhood growth play; Relationship with family; Early &amp; later adolescence, Lifestyle effects. Youth in Indian Society.</p>	
<p style="text-align: center;"><b>Module V Adulthood</b></p>	<b>17</b>
<p><b>Descriptors/Topics</b>          Adulthood-growth personal and social adjustment, health, sexuality vocational and marital adjustments; Aging; Characterists, hobbies, adjustments; health; mental health; death; dying and bereavement. Psychosocial development, Moral development, and Personality development. Gender, family, neighborhood, peers, school, community, work place and other larger contexts like the society and culture.</p>	
<p><b>Module VI Relevance to Social Work Practice / Exploration of programmes</b></p>	
<p><b>Description/Topics</b>          Relevance of social work practice across the stages of development, development needs tasks, health, problems and services.</p>	<b>15</b>

**Student Learning Outcomes:**

1. The course would orient the students about importance of human growth and development while working with people at field level.
2. The students will be able develop insights of role of various issues related to human growth.

**Pedagogy for Course Delivery:**

- Lectures
- Tutorials
- Case Study
- Group discussion
- Assignments

**Theory Assessment (L&T):**

Continuous Assessment/Internal Assessment					End Term Examination
Components (Drop down)	P-1	HA	CT-1	A	EE
Weightage (%)	10	05	10	05	70

**Text Reading:**

- Baltes, P.B. (Ed.) 1978: Life Span Development and Behavior, New York: Academic Press, Inc.
- Bronfenbrenner, U. 1979: The Ecology of Human Development, Cambridge: Harvard University Press.
- Kail, R.V. and Cavanagh: Human Development, Pacific Grove, CA: Brooks/Core Publishing Company.
- Le francois, G.R. 1990: The Life Span, Third Edition, University of Alberta.
- Misra. G. (Ed) 1990: Social Psychology in India, New Delhi: Sage Publications.
- Sharma, N. 1999: Adolescent Girl Child in India, News Bulletin of the Indian Council of Child Welfare.
- Smolack, L. 1993: Adult Development, New Jersey: Prentice Hall.

